

## Psychiatric Rehabilitation

Mental health rehabilitation assists people to learn and practice skills to cope with the demands of everyday life and restore relationships that may have become strained or damaged as a result of problems related to mental illness or substance abuse. Armed with these skills, individuals experience higher levels of wellness, stability, and improved quality of life.



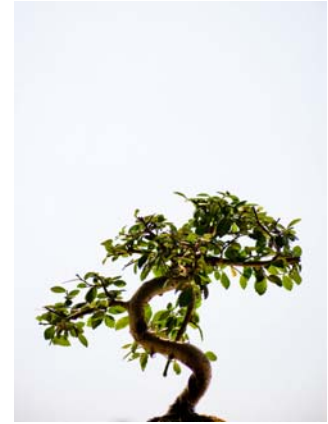
### Kimie Jordan Mental Health Rehabilitation Services

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1400 Michigan Ave  
Alamogordo, NM 88310  
Services offered Nationally and Internationally

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*Kimie Jordan,  
M.S., CPRP, CLC,  
RAS*

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Rehabilitation  
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**575-649-8518**  
[WWW.MentalHealthRehabServices.com](http://WWW.MentalHealthRehabServices.com)

## *Kimmie Jordan*



Kimmie is a Certified Psychiatric Rehabilitation Practitioner and Certified Life Coach who has worked in the mental health field since 2000. She graduated with honors from the University of New Mexico with her M.S. In 2006 she received the Rehabilitation Practitioner award by the Psychiatric Rehabilitation Association of New Mexico for her dedication and excellence in providing psychiatric rehabilitation services. She specializes in psychiatric rehabilitation for individuals with mood and anxiety disorders, schizophrenia, personality disorders, dual diagnosis, substance abuse, and involvement with the criminal justice system. She has experience providing Life Coaching services for individuals wishing to increase personal or professional growth and develop the motivation to achieve their goals.

## *Services*

### **Individual psychiatric rehabilitation in the home and community**

All psychiatric rehabilitation services are based on individual need and occur in the home and community where the individual resides. The individual has one-on-one assistance in developing the coping skills and supports necessary to deal with the stressors and triggers that occur naturally in their environment.

### **Psychoeducation groups, mental illness training, and educational presentations**

Topics include: substance abuse, relapse prevention, PTSD, anger management, mental illness, suicide prevention, independent living skills, grief and loss, schizophrenia, bipolar disorder, anxiety and panic disorder, borderline personality disorder, depression, parenting, violence, consumer advocacy, stress reduction and relaxation, employment skills, and other areas as needed.

### **Life Coaching**

### **Treatment transportation**

### **Mental health advocacy**

### **Consulting services**

## **Call Us Today!**

Services are offered nationally and internationally.



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Rehabilitation Services**

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